



## MODULES FOR THE SUPER YACHT FIVE DAY INTERNATIONALLY RECOGNISED STEWARD/ESS COURSE

The Crew Pacific 5 Day Super yacht Steward/ess course is offered BOTH in “Theory & Practical” lessons the course COST IS \$1695.00AUD.

Theory can be completed at home on your own laptop, and the practical skills will be completed at Crew Pacific’s training facilities as per course dates provided.

- Theory cost: \$1000.00 AUD
- Practical cost \$695.00 AUD

<http://crewpacific.com.au/super-yacht-training-courses/5-day-super-yacht-stewardess>

### MODULE ONE: SPECIFIC’S REGARDING THE INTERNATIONAL YACHTING INDUSTRY:

- How to start in the international yachting industry
- Salary Guidelines for Europe, USA, and Australia.
- Crew contracts – what will be covered in a 12-month contract.
- How to obtain a B1/B2 visa the easy way.
- How do international Crewing agents work overseas?
- What is an MCA ENG1 medical and how do I obtain it?
- What is an AMSA Medical and How do I obtain it?
- Crewing agencies/accommodation overseas
- What a Stewardess position is and the different types of levels.
- Yacht crew structure and ranks.
- Planning and designing a resume that is specific to the international super yacht industry.
- Preparing for an interview as well as what questions you should be asking when you obtain an interview - either “Face to Face” or over the phone.
- Recommend dress appearance for an interview in this industry.
- What is a private yacht?
- What is a Charter yacht?

### MODULE TWO: LAUNDRY FORMALITIES

Washing and ironing guest/crew laundry  
Checking and identifying stains  
Using International stain removers correctly (stain Devils)  
Checking laundry has been correctly washed and ironed.

Explain the procedures of using a roller iron and iron press.  
Temperature for iron and press  
Using starch on clothing and napkins  
Procedures to remove stains of tablecloths and napkins.

### DESCRIBE THE TECHNIQUES FOR REMOVING STAINS FROM CLOTHES AND NAPKINS

Grease stains  
Wine stains  
Food stains

Sauce stains  
Chewing gum  
Candle wax

### ESTABLISH THE IMPORTANTACE OF MAINTAINING LAUNDRY EQUIPMENT & SAFETY IN THE LAUNDRY

- Washing machines, Dryers, Iron press, roller irons and steam irons

### NAPKING FOLDING:

- Ironing, preparing & starching the napkin.
- Other forms of napkins
- Practical lesson assessment

### **MODULE THREE - TABLE SERVICE (SILVER SERVICE RUSSIAN & AMERICAN SERVICE, VARIOUS OTHER TABLE SERVICES THAT CAN BE ON SUPER YACHTS)**

- Silver service (French and Russian service) will cover a variety of different table services that can be used on super yachts.
- American, English, and European table settings and service.
- Proper table settings (Super yacht standard)
- Wine preparation, presentation, and service
- Handling of food
- Course changes, order, and service
- Understand culinary terms.
- Body mechanics and service center
- Coffee and tea presentation
- A practical lunch will be delivered where you will silver service a three-course meal to six guests.

### **MODULE FOUR: PROFESSIONAL DECORUM AND SOCIAL SKILLS**

- Occupational health and safety maritime requirements
- Personal hygiene and appearance upon a yacht
- General hygiene throughout other areas of the yacht
- Designing a Steward/ess roster.
- Working with crew from different countries
- Describe the customary living and working standards aboard a yacht.

### **MODULE FIVE: INTERIOR & EXTERIOR DETAILING**

- A yacht excursion will be conducted.
- Describing cleaning products and the usage of them aboard a yacht
- Demonstrate cleaning standards and presentation methods required in guest cabins. (towel folding, tissue, and toilet roll folding).
- Demonstrate cleaning standards and presentation methods required in exterior detailing.
- Ability to complete and achieve these methods quickly and efficiently.